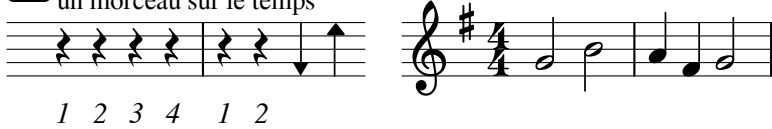


# Les Respirations

**1** La respiration pour commencer un morceau sur le temps



1 2 3 4 1 2

Exercise 1 consists of two staves. The left staff shows rhythmic patterns with downbeats and upbeats. The right staff shows a melodic line in G major, 4/4 time, starting with a quarter rest followed by quarter notes G, A, B, C, D, E, F, G.

**2** La respiration en deux temps



1 2 3 4 1 2

Exercise 2 consists of two staves. The left staff shows rhythmic patterns. The right staff shows a melodic line in G major, 4/4 time, with a quarter rest followed by quarter notes G, A, B, C, D, E, F, G, and a final quarter rest.

**3** La respiration en un temps



1 2 3 4 1 2

Exercise 3 consists of two staves. The left staff shows rhythmic patterns. The right staff shows a melodic line in G major, 4/4 time, with a quarter rest followed by quarter notes G, A, B, C, D, E, F, G, and a final quarter rest.

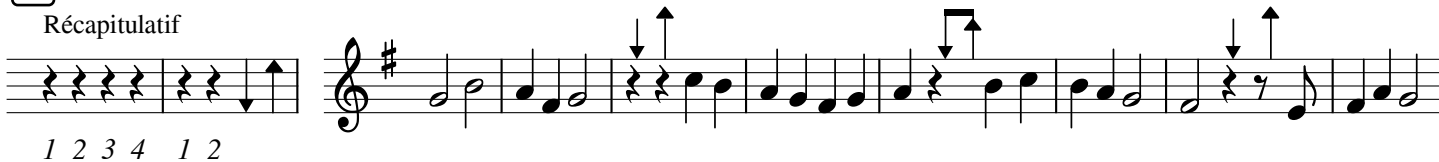
**4** Le départ en contre-temps



1 2 3 4 1 2 3

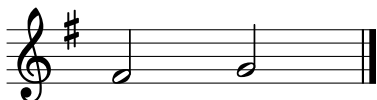
Exercise 4 consists of two staves. The left staff shows rhythmic patterns. The right staff shows a melodic line in G major, 4/4 time, starting with a quarter rest followed by quarter notes G, A, B, C, D, E, F, G.

**5** Récapitulatif



1 2 3 4 1 2

Exercise 5 consists of two staves. The left staff shows rhythmic patterns. The right staff shows a melodic line in G major, 4/4 time, combining elements from the previous exercises.



A final musical staff in G major, 4/4 time, consisting of a quarter rest followed by quarter notes G, A, B, C, D, E, F, G, ending with a double bar line.